

## When we volunteer... We understand that we are One

No one can deny that there are a lot of challenging things going on in the world right now. It's no wonder that a lot of people feel at a loss as to what they can do to help or make a difference. But there's always some way we can assist another or nurture our planet, and when we decide to offer ourselves in service, it's always a blessing, never a sacrifice.

I assure you that when we extend ourselves through volunteerism beyond our smaller, more limited self-image, Life—Source, the Divine, the Universe—provides us with positive reinforcement that encourages us to continue on in service.

We feel supported.

We know self-love and love of others.

We experience the fullness of appreciation for all of life itself.

We recognize that the artificial means of support we've attached ourselves to in the past aren't stable or even truly real.

We're enlivened to step out, reach out, and trust that this grand Plan is unfolding perfectly and that our unique perspective and expression is needed and appreciated.

I'd love to hear from you about your experience with being a volunteer, or even what challenges you've experienced that have prevented you from extending yourself in this way. You can leave a comment on our Facebook page, or share your thoughts on <a href="https://humanitys.team/">https://humanitys.team/</a>, our new community for sharing love, truth, and joy. <a href="https://www.facebook.com/HumanitysTeamWorldwide">https://www.facebook.com/HumanitysTeamWorldwide</a>

In support of you on your conscious journey, Steve Farrell